

In this newsletter, you will meet our new confidential advisor, and we will introduce two more members of our staff. During a visit to the Netherlands, Jacob van der Ende gave a presentation for master's students at Amsterdam UMC, which you can read more about. We also give an early announcement of our upcoming GivingTuesday campaign. In addition, we share news about a new research project involving artificial intelligence, the 5th edition of the Putumayo Run, and we make a call for new volunteers to help manage our electronic patient record system.

## New confidential advisor

A safe workplace is very important.



"I'd like to introduce myself as Quina Care's new confidential advisor. My name is Milou

Rietveld (40 years old). I live in Breda with my family and have been working since 2021 at the National Association De Zonnebloem as an association consultant. Before that, I worked for MIVA and the Liliane Foundation, which gave me firsthand experience with the crucial role of mobility and healthcare in rural areas. During my studies and work, I also spent longer periods in Spain

and South America, which is where I gained my knowledge of Spanish. In 2024, I completed the basic training for confidential advisors. I enjoy being there for others, and as a confidential advisor, I use this quality to offer a listening ear and help think through solutions. A safe working environment is very important! I'm here for you!"

## Nurse Karen introduces herself

"I remember that even as a child, I dreamed of becoming a nurse."

"My name is Karen Vanessa Tamba Jurado, I am 27 years old and currently part of the nursing team at San Miguel Hospital – Quina Care Foundation. I come from the city of Ibarra, live with my parents, and I am the youngest of three sisters. I remember that even as a child, I dreamed of becoming a nurse so that I could help and care for others.

After finishing high school,



I decided to pursue a degree as a Nursing Assistant, where I acquired the knowledge and skills necessary to carry out various healthcare tasks with responsibility and efficiency."

Karen's full story can be read [here](#).



## Cook and cleaner Magali introduces herself

"Quina Care is the best thing that has happened to me. Thank you for giving me the opportunity."

"Hello, I'm Magali Maribel Chacón Aguilar. I'm 40 years old and married to Ronald Paz. I have four children: two from my first relationship—Anthoni López, 24 years old, and Karla López, 23—and two from my second relationship: Milly Paz, who just turned 15, and Dorian, who is 6.



I would like to share my story about how I came to work with



the Quina Care Ecuador Foundation.

I remember receiving a phone call one Friday evening from Dr. Jacob. He asked if I could help in the kitchen by preparing meals for the patients. From that moment on, I began working at the hospital during weekdays and holidays.

That phone call changed my life. At the time, I was in a very difficult financial situation. I live in a village where there is very little work and we lack proper facilities. Thanks to this job, I

was able to pay for my daughter's therapy—she was suffering from a serious illness. Little by little, I was also able to afford other necessities for my family.

My oldest son, Anthoni, now lives on his own, but I still support him. My daughter Karla wants to become a police officer. I give her both emotional and financial support. I'm very proud of her. She's about to graduate, and that makes me incredibly happy. I am thankful for everything.

That's why, from the bottom of my heart, I want to thank the foundation for giving me the opportunity to be part of their team."

If you want to know more about Magali, please click on following [link](#).

## Presentation for Master's Students at Amsterdam UMC

**Pitfalls of providing care in low- and middle-income countries.**

During the Medical Career Day at Amsterdam UMC in June, Jacob gave a presentation to master's students in medicine at the University of Amsterdam.

The theme of this year's event was (R)evolution — covering topics from disease development and medical

innovations to societal changes in healthcare. Jacob had the honor of opening the day with a lecture about the pitfalls of providing healthcare in low- and middle-income countries.

It turned out to be an inspiring day, generating enthusiastic responses and potential leads

for future collaborations.



## Giving Tuesday campaign

**Soon you will be able to support our local employees.**

Giving Tuesday (December 2) is coming up again — a day dedicated entirely to generosity and social engagement. People are encouraged to contribute, for example by donating to a good cause or volunteering their time. Quina Care will also be taking part, raising funds for our San Miguel Hospital. The money collected will help

support medical care for the population in the Amazon region.

This year, we're organizing the campaign through a sponsorship booklet, giving donors the opportunity to support one of our local staff members. By contributing to their salary, you provide a sustainable contribution to the hospital and

the healthcare we deliver. Keep an eye on our social media around Giving Tuesday for more information and the launch of the sponsorship booklet.



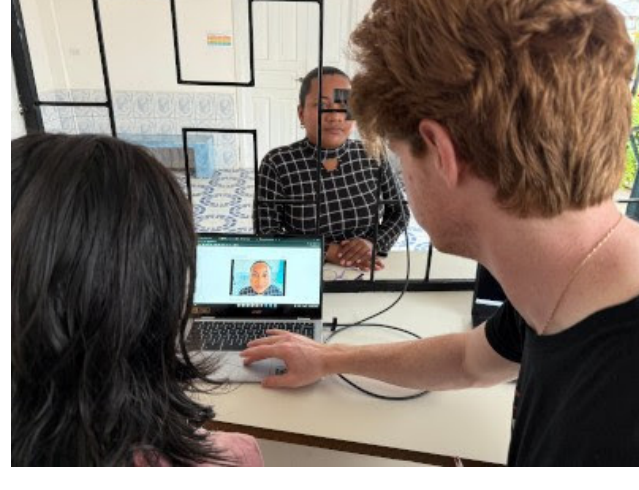
## Research on medical anomalies using Artificial Intelligence

**Scientific research in the hospital.**

Georgie Nahess, a medical student who is simultaneously conducting PhD research at the University of Chicago, has developed an app that uses artificial intelligence (AI) to perform various facial measurements.

The app calculates, among other things, the distance between the eyes, the distance from the eyes to the eyebrows, and the distance between the pupil and eyelid. Based on these measurements, it determines whether an abnormality might be present. For example, protruding eyes could indicate an overactive thyroid gland.

Through Jim Larrick, one of our U.S.-based sponsors, Georgie connected with Hospital San Miguel to explore the possibility of testing the app in practice. He has since visited the hospital with Jim, and all arrangements for the study have been made.



Patients visiting the hospital are asked upon arrival if they wish to participate in the study. Those who give consent are included and have a photo taken, after which the AI automatically performs the facial measurements in the background. Participants do not receive a diagnosis or treatment as part of the study; they are

informed of this beforehand. Their cooperation serves solely to further develop the AI model, which will ultimately contribute to improving healthcare worldwide. The goal is to include approximately 1,000 adult participants in the coming months. Click [here](#) for more information.

## Putumayo run

**This year it is also possible to participate outside Putumayo!**

This year, the Putumayo Run will be held for the 5th time, on October 26, 2025. To celebrate



this milestone, the event will not only take place in Puerto el Carmen, but also in several other locations around the world.

The goal is to raise funds for the ongoing operational costs of Hospital San Miguel, ensuring that healthcare for the vulnerable population of Putumayo can continue in 2026.

Would you like to support this inspiring and active initiative? Click this [link](#) for more information, registration, or to make a donation.



## We're looking for new EHR specialists!

**Will you support us?**

Hospital San Miguel works with a custom-designed Electronic Health Record (EHR) system that has stored all patient data and records digitally since day one. This is extremely valuable for both doctors and patients, and the system requires regular

maintenance and updates to keep it running smoothly. Do you have some spare time and would like to help? We're looking for volunteers with knowledge of Filament and Laravel who enjoy assisting with periodic maintenance, troubleshooting,

and contributing ideas for improvements and new features in the EHR system.

If this sounds like something for you and you'd like more information, please contact us at [care@quinacare.org](mailto:care@quinacare.org)

## A quarter...

**...of fun facts about medicines.**

An important part of patient care is the ability to prescribe the right medication. Each quarter, approximately 2,000 prescriptions are issued, all

dispensed through our in-house pharmacy. To meet this demand, around 250 different medicines are kept in stock. Patients pay a small contribution,

roughly one-third of the purchase price, while the remaining costs are covered through donations.

Donate

Quina Care needs the support of donors. Only with your help we can realize the health care

the people of Putumayo so desperately need. To donate press the button on the left.



Contributing is also possible via [SponsorKliks](#) and [123inkt.nl](#). Click on the link or on the logo to visit the website.

